

**International Holten Triathlon**  
**ITU Premium European Cup**



**Event and Contact Information:**

- **Name of Event:** Triathlon Holten
- **Date:** July 16<sup>th</sup> 2005
- **Name of contact:** M. Pieters
- **Telephone:** +31548366911
- **Fax:** +31548366912
- **Email:** info@triathlonholten.nl
- **Web site:** www.triathlonholten.nl
- **Mail Address:** Postbus 126 7450 AC Holten

**Event details:**

- **Entry fee:** € 32.00
- **Prize money:** € 22.000 (top 10)
- **Start times:** 12:45 (women) 13:05 (men)
- **Start Mechanism:** deep water
- **Swim Conditions:** small river
- **Water Temperature** 18 - 24 degrees celcius
- **Cycle Course** An initial distance to the centre of Holten, followed by two laps on a hilly course through National Park Sallandse Heuvelrug.
- **Run Course:** 4 laps (2.5 k) in the centre of Holten, asphalt, brick-pavement, small
- **Athletes Briefing** -

**Media Information:**

- **Name of Media Contact:** Berend Jan Bril
- **Address for Media Credentials request:** [press@triathlonholten.nl](mailto:press@triathlonholten.nl)
- **Location of Media Centre and hours of operation:** Municipal office  
11:30 – 18:00
- **Time and place where media kit can be pick-up:** Municipal office  
11:30

**Travel and accommodations:**

- **Closest airport:** Schiphol / Amsterdam
- **Local transportation provided:** No / Railway
- **Name and contact details of the host hotel:** AC Hotel Holten  
Special Triathlon Hotel Arrangement:  
# One night including the breakfast only  
€ 30,50 double room\*  
€ 51,50 single room\*  
\* Prices are per person en including all taxes

For reservations call:  
AC Hotel Holten  
Langstraat 22  
7451 ND HOLTEN  
0031-548-362680  
E-mail: [holten@autogrill.net](mailto:holten@autogrill.net)

- **Home stay or accommodations** Yes

**provided**

**Special Functions**

- **Press conference:** immediately after the race
- **Awards celebration:** immediately after the race
- **Carbo meal:** July 15<sup>th</sup> 16:30  
Center of village
- **Special dignitaries present:** -
- **Tourism activities:** -

**Event Schedule**

**Date:** July 15<sup>th</sup> 2005

Time	Activity
16:30 – 17:00	Carbo meal
17:00 – 20:00	Pre-registration – briefing (payment of race fee)

**Date:** July 16<sup>th</sup> 2005

Time	Activity
Before 10:45	Registration
12:45	Start elite women
13:05	Start elite men
15:05	Award ceremony men and women
15:45	Press conference
20:30 – 24:00	After race party