

**De Bode Triathlon Zundert
ETU Prestige Triathlon, 05 June 2005**

After having seen the Ironkids, the recreative athletes and the masters at 1 o'clock the 25 elite women dived into the water of De Mosten. British Helen Tucker was the fastest swimmer and was 25 seconds ahead of the rest. Behind her a group of 8 and afterwards a group of 6 women began with the biking. During the biking none of the ladies wanted to take some initiative, only Birgit Berk from Holland and Irish Caroline Kearney tried to escape out of the group. Caroline Kearney succeeded in doing so and nobody tried to follow her. In this way she was able to get an advance of 1.25 at the transition area. However she was not a very good runner and in the second round Helen Lawrence overtook her. She came in the lead and stayed there till the finish line. Her compatriot and friend Catriona Morrison followed at 1 minute and another English girl named Helen Tucker finished third.

The men's race was very exciting. With a big field of 105 athletes, most of them aged 18 to 25, the ETU Prestige race started at two o'clock. After the swimming there was a big group of 39 men, that started the cycling. This group stayed together for a long time and only in the last of the 4 laps 5 men succeeded in taking the lead. Together they started with the running course and the two Frenchmen Toni Moulai and Sebastien Berlier showed a very good running skill.

They took the lead and never saw an opponent coming back. So they came together in the last meters and Toni Moulai passed the finish line in 1.50.46. His compatriot Sebastien Berlier finished in the second place at 6 seconds. German Rene Goehler was third.