

TRIATHLON



Athens 2004 Olympic Games Training Session schedule per sport per day (Final Draft - Revised)

AUGUST 2004

VENUE	SESSIONS	Th	Fr	Sa	Su	M	Tu	W	Th	Fr	Sa	Su	M	Tu	W	Th	
		12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	
			OPENING CEREMONY	TRAINING PERIOD											FINALS		
NOV Swimming Pool	Training Session 1	07:30-09:00	07:30-09:00	07:30-09:00	07:30-09:00	07:30-09:00	07:30-09:00	07:30-09:00	07:30-09:00	07:30-09:00	07:30-09:00	07:30-09:00	07:30-09:00	07:30-09:00	07:30-09:00	07:30-09:00	
	Training Session 2	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	09:00-10:30	
	Training Session 3	10:30-12:00	10:30-12:00	10:30-12:00	10:30-12:00	10:30-12:00	10:30-12:00	10:30-12:00	10:30-12:00	10:30-12:00	10:30-12:00	10:30-12:00	10:30-12:00	10:30-12:00	10:30-12:00	10:30-12:00	
	Training Session 4	16:00-17:30		16:00-17:30	16:00-17:30	16:00-17:30	16:00-17:30	16:00-17:30	16:00-17:30	16:00-17:30	16:00-17:30	16:00-17:30	16:00-17:30	16:00-17:30	16:00-17:30	16:00-17:30	
	Training Session 5	17:30-19:00		17:30-19:00	17:30-19:00	17:30-19:00	17:30-19:00	17:30-19:00	17:30-19:00	17:30-19:00	17:30-19:00	17:30-19:00	17:30-19:00	17:30-19:00	17:30-19:00	17:30-19:00	
	Training Session 6	19:00-20:30		19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30	19:00-20:30	
DEKELIA TRAINING COMPLEX																	
Dekelia Athletics K3 Facility	Open Training	08:00-22:00	08:00-14:00	08:00-22:00	08:00-22:00	08:00-22:00	08:00-22:00	08:00-22:00	08:00-22:00	08:00-22:00	08:00-22:00	08:00-22:00	08:00-22:00	08:00-22:00	08:00-22:00	08:00-22:00	08:00-22:00
Dekelia Swimming Pool swimming	Training Session	13:00-15:00	13:00-15:00	13:00-15:00	13:00-15:00	13:00-15:00	13:00-15:00	13:00-15:00	13:00-15:00	13:00-15:00	13:00-15:00	13:00-15:00	13:00-15:00	13:00-15:00	13:00-15:00	13:00-15:00	
VOULIAGMENI OLYMPIC CENTRE																	
Olympic Course	Familiarisation Sessions										08:00-10:00 Bike Course		10:00-11:30 Bike Course				
											10:00-12:00 Swimming Course		11:30-13:00 Swimming Course				
			OPENING CEREMONY	TRAINING PERIOD											FINALS		
		12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	
		Th	Fr	Sa	Su	M	Tu	W	Th	Fr	Sa	Su	M	Tu	W	Th	