



ITU Winter Triathlon Series

Entry Form – Stoos



General Information

Event Organiser

The ITU Winter Triathlon Series Races are organized by Bruno Selebam, SportMandat, Oberneuforn, with support of the International Triathlon Union ITU, as well as the Swiss Triathlon Federation (tri).

Definition

Winter Triathlon is a three-stage competition, consisting of running, mountain-biking (MTB) and cross-country. An increasing number of athletes, including cross over athletes from other disciplines, are taking up this exciting winter sport as an alternative to other endurance type sports. Running, mountain-biking (MTB) and cross-country skiing are all very popular on their own so what could be more enticing than assembling the three disciplines into one unique winter multi-sport?! The goal of the International Triathlon Union is to have Winter Triathlon included on the 2006 Olympic Program in Turin.

General Notes

Participation in the ITU Winter Triathlon Series is open to the public. Elite athletes can apply directly and will be first to start. The starting point for the various age groups will be located about 20 meters behind the elite start line.

Individual participants (age groupers) may register using the enclosed registration form or via the website: www.wintertriathlon.ch. Further entry forms and race information are available at: SportMandat, Waltalingerstr. 18b, CH-8526 Oberneuforn, Tel. ++41 (0) 52 740 26 60 Fax ++41 (0) 52 740 26 61 E-Mail: info@sportmandat.ch

Course Description and Distances

- *Run Course: Lap course 2 k, 3 - 4 laps on road and snow (30 minutes)
0.5k flat, 0.5k descent, 0.1k climb (12 %) 0.2 k descent (10%) last 0.7k climb (5%)
- *MTB course: Lap course 3 k, 3 - 4 laps on road and snow (30 minutes)
first 1 k climb 6%, next 2k flat, last 1k technical descent.
- *X-Country Ski Course: Lap course 3 k, 2 - 3 laps, on skating track (30 minutes)
first 1 k flat, next 1k technical descent, last 1k climb (5–10%)

*According to weather and snow conditions the number of laps may change. All changes will be announced prior to the race.

*Maximum overall time: A race 90 minutes, B race 60 minutes and flash race 30 minutes.

Sprint Race

The race consists of on laps running (1k), one small lap biking (2 k) and one small lap cross-country skiing (2 k) – 30 minutes max time allowed.

Swiss-Cup B- Race

The race consists of 2 laps running (2k), 2 laps biking (3k) and 2 laps x-country skiing (6k) – 60 minutes max time allowed.

ITU Winter Triathlon Serie Race

The race consists of 3 or 4 laps running (7k), 3 or 4 laps biking (12k) and 3 or 4 laps x-country skiing (10k) – 90 minutes max time allowed.

The training tracks will be flagged and signed from Wednesday, 31 January.

Registration Deadline

The registration deadline is **15 January 2002** (post marked). Registration after the due date is possible, however a surcharge of CHF 20. – will be added to the entry fee (sprint race = CHF 10) Registration becomes valid only after receipt of entry fee.

Entry Fee

| | | |
|---------------------------------|-----|-------|
| Elite and age groupers (A-race) | CHF | 60.-- |
| Swiss-Cup B-race | CHF | 50.-- |
| Team Swiss Cup B-race | CHF | 45.-- |
| Sprint race: | CHF | 30.-- |
| Team sprint race | CHF | 33.-- |

The entry fee has to be paid to the following bank:
UBS Regensdorf, Account 809874.01 P (clearing Nr. 291)
Att. SportMandat, ITU-Race Stoos

Race Information

General

All competitors must be familiar with and adhere to the ITU Winter Triathlon Competition Rules (see <http://www.triathlon.org/itu/WinterTriRules01.doc>), as well as obey traffic regulations and instructions from race officials. Elite athletes must have a valid license. A valid 2001 license will be accepted.

Categories

Age categories will be based on the rules of the ITU.

Planned categories are as follows:

ITU-Elite

For men and women

Juniors 18 - 20 years (**must start in Swiss-Cup B-Race!!!**)

Elite 21 – 35 years

Age groups

For men and women

Juniors 18 - 20 years (**must start in Swiss-Cup B-Race!!!**)

Elite 21 – 34 years

AG1 35 – 44 years

AG2 45 – 54 years

AG3 55 and upwards

Swiss-Cup B-Race

For men and women

Juniors 18 - 20 years (**must start in Swiss-Cup B-Race!!!**)

Elite 21 – 34 years

AG1 35 – 44 years

AG2 45 – 54 years

AG3 55 and upwards

Sprint Race

Youth 14 – 17 years

Juniors 18 - 20 years

Open +20 years

Prize Money

ITU Winter Triathlon World Series Race Stoos

The prize money for the ITU Serie race of CHF 3'000.-- will be equally distributed among the elite participant's top 5 men and women:

1. CHF 600.--
2. CHF 400.--
3. CHF 250.--
4. CHF 150.--
5. CHF 100.—

The prize money of the Swiss Cup B-race of CHF 1'650. -- will be distributed among the overall participant's top 5 men and 3 women:

- | | |
|---------------|-----------|
| 1. CHF 300.-- | 1. 300.-- |
| 2. CHF 250.-- | 2. 250.-- |
| 3. CHF 200.-- | 3. 200.-- |
| 4. CHF 100.-- | |
| 5. CHF 50.— | |

Medals will be awarded for the Sprint Race.

Age Groups

The top three finishers in each age category will receive prizes. The respective winners must pick up their prizes in person. Prizes will not be shipped.

Race Briefing

Saturday, 2 February at 4pm – at the Erlebnis – und Seminarhotel Stoos (Media room)

Equipment

Competitors are responsible for their own equipment. Athletes will not be allowed to switch skis or bikes during the contest. Exchanging poles will be allowed. All equipment will be inspected at the check-in to the transition area.

Athletes Kit

At registration the competitors will receive an envelope containing two self-adhesive numbers for the Cross Country-skis, three self-adhesive numbered tags for the helmet and one numbered tag for the handle bars of the bike as well as a numbered t-shirt. After the finish line race numbers must be returned to the organizer.

Timekeeping

Timekeeping will be provided by professionals.

Transition Area

The transition area is off-limits for everyone except competitors and ID-equipped staff! Coaches, hosts and spectators are not allowed to enter. The transition area is divided into a bike and ski zone, and a special zone for materials. (Helmets, Shoes, Clothes etc.). Biking with ski-boots and running or skiing with a helmet is prohibited.

Race Catering

There will be numerous food and drink stations placed alongside the race course (see race course map). Personal assistance is only allowed 50m before and after the drink and food stations.

Doctors/Medical Assistance

A trained team of first-aid assistants and doctors will be present for emergencies.

Note: Doctors' instructions must be obeyed! Medical treatment is not included in the entry fee and athletes receiving treatment will be invoiced according to the current tariffs.

Massage

Massage is available at the Erlebnis – und Seminarhotel Stoos

Doping

Doping is strictly prohibited. The Swiss Olympic Committee (SOV) is authorized to perform doping tests without prior notice.

Liability/Insurance

Each competitor is personally and fully responsible for his or her own insurance coverage for the period of travel to and from competition locations as well as for the period of his or her presence and race participation. The race organizers are formally rejecting any liability for accidents, damages and theft.

Race Course Maps

See attachments

Programme

Saturday, 2 February

| | |
|---------------------|---|
| 10:00 am to 4:00 pm | Registration of athletes at the race office, Erlebnis- und Seminarhotel Stoos, Klingenstube |
| 4:00 pm | Race-Briefing Erlebnis- und Seminarhotel Stoos (Media room) |
| 6:00 pm | Pasta-Party for athletes and friends, show and party atmosphere, Erlebnis- und Seminarhotel Stoos |

Sunday, 3 February

| | |
|---------------------|---|
| 8:00 am to 10:00 am | Registration of athletes, Erlebnis- und Seminarhotel, Stoos, Klingenstube |
| 10:00 am | Start Swiss-Cup B-Race and teams |
| 10:30 am | Start Sprint Race and teams |
| 12.30 pm | Start ITU Winter Triathlon Series Race Women |
| 12.40 pm | Start ITU Wintertriathlon Series Race Men |
| | Media Awards Ceremony immediately after the race |
| 3:00 pm | Awards Ceremonies Elite and Age Group |

Accommodation

Contacts:

Tourist Office Stoos

CH-6433 Stoos

Tel. ++ 41 (0) 41 811 15 50

Fax: ++ 41 (0) 41 811 84 30

E-mail: Verkehrsverein_stoos@bluewin.ch

Website: www.stoos.ch

Hotels

| | <u>Telephone</u> | <u>Fax</u> | <u>Rooms</u> |
|----------------------------------|---|---|--------------|
| Hotel Alpstubli CH 6433 Stoos | ++41 (0) 41 818 28 00 alpstubli@bluewin.ch | ++41 (0) 41 818 28 99 www.alpstubli.ch | 80 |

| | | | |
|---|---|---|-----|
| Erlebnis- + Seminarhotel CH 6433 Stoos | ++41 (0) 41 817 44 44 hotel-stoos@bluewin.ch | ++41 (0) 41 817 44 45 www.hotel-stoos.ch | 104 |
| Hotel Fronalp CH 6433 Stoos | ++41 (0) 41 811 50 21 hotel-fronalp-stoos@bluewin.ch | ++41 (0) 41 811 50 88 www.stoos.ch/fronalp | 80 |
| Minotel Schwyzer Bärghus CH 6433 Stoos | ++41 (0) 41 811 14 94 Schwyzer-baerghus@smile.ch | ++41 (0) 41 811 77 52 www.minotel.ch | 230 |
| Hotel Sternegg Pizzeria CH 6433 Stoos | ++41 (0) 41 811 13 22 sternegg-stoos@bluewin.ch | ++41 (0) 41 811 69 22 | 30 |
| Swiss Holiday Park CH- 6443 Morschach | ++41 (0) 41 825 50 50 info@swissholidaypark.ch | ++41 (0) 41 825 50 60 www.swissholidaypark.ch | 240 |
| Antoniushaus Mattli CH- 6443 Morschach | ++41 (0) 41 820 22 26 antoniushaus.mattli@bluewin.ch | ++41 (0) 41 820 11 84 www.marktkreisel.ch/mattli | 88 |
| Hotel Bellehvue CH- 6443 Morschach | ++41 (0) 41 820 18 48 www.marktkreisel.ch/bellehvue | ++41 (0) 41 820 04 07 | 32 |
| Hotel Adler CH- 6443 Morschach | ++41 (0) 41 820 10 43 | | 20 |

Group Lodging

| | <u>Telephone</u> | <u>Fax</u> | <u>Rooms</u> |
|---|---|---|--------------|
| Hotel Alpstubli CH 6433 Stoos | ++41 (0) 41 818 28 00 alpstubli@bluewin.ch | ++41 (0) 41 818 28 99 www.alpstubli.ch | 45 |
| Erlebnis- + Seminarhotel CH 6433 Stoos | ++41 (0) 41 817 44 44 hotel-stoos@bluewin.ch | ++41 (0) 41 817 44 45 www.hotel-stoos.ch | 16 |
| Hotel Fronalp CH 6433 Stoos | ++41 (0) 41 811 50 21 hotel-fronalp-stoos@bluewin.ch | ++41 (0) 41 811 50 88 www.stoos.ch/fronalp | 35 |
| Swiss Holiday Park CH- 6443 Morschach | ++41 (0) 41 825 50 50 info@swissholidaypark.ch | ++41 (0) 41 825 50 60 www.swissholidaypark.ch | 104 |

Rental Apartments

| | <u>Telephone</u> | <u>Fax</u> | <u>Rooms</u> |
|---|---|---|--------------|
| Erlebnis- + Seminarhotel CH 6433 Stoos | ++41 (0) 41 817 44 44 hotel-stoos@bluewin.ch | ++41 (0) 41 817 44 45 www.hotel-stoos.ch | 36 |

Useful Contacts

SportMandat, Bruno Selebam
Waltalingerstr. 18 b
CH- 8526 Oberneunforn

Tel. ++ 41 (0)52 740 26 60
Fax: ++ 41 (0)52 740 26 61
Mobile: ++ 41 (0)79 400 81 31
E-mail: info@sportmandat.ch
Website: www.wintertriathlon.ch

Swiss Triathlon Federation (tri)
PO Box 296
CH- 8046 Zurich

Tel. ++ 41 (0)1 371 80 10
Fax: ++ 41 (0)1 371 80 09
E-mail: trisuisse_hq@compserve.com
Website: www.trisuisse.ch

International Triathlon Union ITU

ITU Headquarters
1786 Esquimalt Ave., Suite 7
West Vancouver, BC
V7V 1R8, Canada
Tel. ++ 1 604 926.7250
Fax: ++ 1 604 603.3195
E-mail: ituhdq@telus.net
Website: www.triathlon.org

Travel

The resort area of Stoos is located in the Swiss Canton of Schwyz and is located in the middle of Switzerland. Stoos is a traffic-free, idyllic Summer and Winter fresh air resort in central Switzerland. The resort is situated above Brunnen and the Lake of Lucerne. The distance from the capital of Zurich and Airport is 50k and Lucerne is 30k. Stoos is the mountain of the City of Schwyz, Ground station Hill train is 4k outside the City.

Arriving by car

Take the exit to Schwyz from the highway from Zurich-San Gotthard and follow it to the middle off the City of Schwyz. At the big Church, follow the signs to Stoos.

Arriving by public transport

Take the train to Schwyz and then change to the connecting bus which brings you to the Groundstation Stoos.

Anmeldeformular / Entry Form

Ich melde mich für folgendes Rennen an/I am enrolling for the following race

- Swiss-Cup B-Rennen Sonntag, 3. Februar, 10.00 Uhr **CHF 50.--Swiss-Cup B-Race**, Sunday, 3 February, 10.00 AM
- Swiss-Cup B-Rennen Team Sonntag, 3. Februar, 10.00 Uhr **CHF 45.-- Swiss-Cup B-Race Team** Sunday, 3 February, 10.00 AM
- Sprint Rennen Sonntag, 3. Februar, 10.30 Uhr **CHF 30.-- Sprint Race** Sunday, 3 February , 10.30 AM
- Sprint Rennen Team Sonntag, 3. Februar, 10.30 Uhr **CHF 33.-- Sprint Race Team** Sunday, February 3, 10.30 AM
- ITU Wintertriathlon Serie Race Sonntag, 3. Februar,12.30 Uhr,F. **CHF 60.-- ITU Wintertriathlon Serie Race** Sunday, 3 February 12:30 pm women
Start Männer 12.40 Uhr
Start men 12.40 pm

weiblich/female

männlich/male

Name/Surname:

Vorname/Given name:

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Adresse/Address:

Postleitzahl/Zip Code:

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Ort/City:

Land/Country:

.....

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Telefon/Phone No.:

E-mail:

.....

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Geburtsdatum/Date of birth:

Kategorie/Category:

.....

.....

Beruf /Profession:

Mit der Anmeldung erkläre ich mich mit den Bestimmungen und Reglementen einverstanden.
With this enrolment, I accept all rules and regulations.

Datum/Date:

Unterschrift/Signature: