

Entry Form ITU Winter Triathlon Series Race, Wildhaus (Switzerland)



General Information

Event Organiser

The ITU Winter Triathlon Series Races are organised by Bruno Selebam, SportMandat, Oberneunforn together with Wildhaus Tourism, Wildhaus, with support of the International Triathlon Union (ITU), as well as the Swiss Triathlon Federation (tri).

Definition

Winter Triathlon is a three-stage competition, consisting of running, mountainbike (MTB) and cross-country skiing - still considered to be little known but worldwide a rapidly growing sport. An increasing number of athletes, including cross-over athletes from other disciplines, are joining this winter alternative for endurance type sports. Running, mountainbike (MTB), as well as cross-country skiing are very trendy! What would be more obvious than to assemble the three disciplines in one winter sports combination discipline? The goal of the International Triathlon Union is to have Winter Triathlon included in 2006 Turin's Olympic Program.

General Notes

Participation in the ITU Winter Triathlon Series Races is open to the public. The elite athletes can apply directly and will start from the official starting line. The starting point for the various age groups is located about 20 meters behind the official starting line.

Individual participants (age groups) may register by means of the registration forms found in this publication or via website www.wintertriathlon.ch. The publication is available at SportMandat, Waltalingerstr. 18b, CH-8526 Oberneunforn, Tel. +41 (0)52 740 26 60 / Fax +41 (0)52 740 26 61 / E-Mail: info@sportmandat.ch

Track Description and Distances

- *Run Course: 1,6 k, 5 laps in the middle half way to the top of the mountain on road and snow. The course is half descent (4%) and half a climb (4 -8 %).
(30 minutes)
- *MTB Course: 2,8 k, 5 laps on road and snow, first 1k technical descent on ski track, next 2k climb (4 - 8%) on road.
(30 minutes)
- *Cross-Country Ski Course: 2,5 k, 4 laps, first 300m technical descent, next flat and the last 200m climb (5 - 10%).
(30 minutes)

- * According to weather and snow conditions the amount of laps has to be changed and will be announced before the race.

Maximum overall time: A-race 90 minutes, B-race 60 minutes and flash-race 30 minutes.

Sprint Race

The race consists of 1 laps running (1,6k), 1 lap biking (2,8 k) and 1 lap cross-country skiing (2,5 k)

Swiss-Cup B- Race

The race consists of 2 laps running (3,2k), 2 laps biking (5,6k) and 2 laps x-country skiing (5k)

ITU Winter Triathlon Series Race

The race consists of 5 laps running (8k), 5 laps biking (14k) and 4 laps x-country skiing (10k)

The training tracks will be flagged and signed from Wednesday, January 2nd, 2002.

Registration Deadline

Registration is required by **December 15th 2001** (post mark). Registration after the due date is possible, however, a surcharge of CHF 20.-- will be added (Sprint 10.--). Registration becomes valid only after receipt of entry fee.

Entry Fee

Elite and age groups (A-race)	CHF	60.--
Swiss-Cup B-race	CHF	50.--
Team Swiss - Cup B-race	CHF	45.--
Sprint race:	CHF	30.--
Team sprint race	CHF	33.--

The entry fee has to be paid to the following bank:

UBS Regensdorf, Account 809874.01 P (clearing No. 291)
Att. SportMandat, ITU-Race Wildhaus

Race Information

General

Competitor must know and follow the ITU Winter Triathlon Competition Rules (see <http://www.triathlon.org/itu/WinterTriRules01.doc>), as well as obey traffic regulations and instructions from race officials, elite need a valid license. The license 2001 from your country is still accepted.

Categories

Depending on registration pattern, age categories are formed according to rules of the ITU. Planned categories are as follows:

ITU-Elite

For men and women

Juniors	18 - 20 years	(must start in Swiss-Cup B-Race!!!)
Elite	21 - 35 years	(Juniors who started in this class, are classified in the higher category)

Age groups

For men and women

Juniors	18 - 20 years	(must start in Swiss-Cup B-Race!!!)
Elite	21 - 34 years	

Agegroup 1	35 - 44 years
Agegroup 2	45 - 54 years
Agegroup 3	55 and upwards

Swiss-Cup B-Race

For men and women

Juniors	18 - 20 years	(must start in Swiss-Cup B-Race!!!)
Elite	21 - 34 years	
Agegroup 1	35 - 44 years	
Agegroup 2	45 - 54 years	
Agegroup 3	55 and upwards	

Sprint Race

Youth	14 - 17 years
Juniors	18 - 20 years
Open	over 20 years

Prize Money

ITU Winter Triathlon World Series Race Wildhaus

The prize money for the ITU Series race of CHF 3'000.-- will be equally distributed among the elite participant's top 5 men and women:

1. CHF 600.--
2. CHF 400.--
3. CHF 250.--
4. CHF 150.--
5. CHF 100.--

Swiss Cup B-race

The prize money of the Swiss Cup B-race of CHF 1'650. -- will be distributed among the overall participant's top 5 men and 3 women:

- | | |
|---------------|---------------|
| 1. CHF 300.-- | 1. CHF 300.-- |
| 2. CHF 250.-- | 2. CHF 250.-- |
| 3. CHF 200.-- | 3. CHF 200.-- |
| 4. CHF 100.-- | |
| 5. CHF 50.-- | |

Sprint Race

For the Sprint Race, material prizes are awarded.

Age Groups

The three top places of each age category will receive nice merchandise awards. The respective winners must pick up their prizes in person. Prizes will not be shipped.

Race Briefing

Saturday, **January 5th 2002**, 3:30 p.m., at the Sportcentre Wildhaus, Media room

Equipment

Competitors are responsible for their own equipment. It is not allowed to switch skis or bikes during the contest. It is allowed to change ski poles during the race. There will be an equipment inspection at the check-in to the transition area.

Athletes Kit

At registration the competitors will receive an envelope containing two self-adhesive numbers for the CC-skis, three self-adhesive numbered tags for the helmet and one numbered tag for the handle bar of the bike as well as a numbered T-shirt. After the finish line race numbers must be returned to the organiser.

Timekeeping

Timekeeping will be taken after the running and the biking. Transition time will be included in the biking time.

Transition Area

The transition area is off-limits for all except competitors and ID-equipped staff. Coaches, hosts and spectators are not allowed to enter!

The transition area is divided into a bike- and ski zone, and a special zone for materials. (Helmets, Shoes, Clothes etc.)

Biking with ski-boots, and running or skiing with helmet is prohibited.

Race Catering

There are numerous food and drink stations placed alongside the race course (see race course map). Personal assistance is only allowed 50m before and after the drink and food stations.

Doctors/Medical Assistance

A trained team of first-aid assistants and doctors are present for emergencies.

Note: Doctors' instructions must be obeyed! Medical treatment is not included in the entry fee and athletes receiving treatment will be invoiced according to the current tariffs.

Massage

Massage is available from DUL-X Messageserviceteam at the Schoolhouse closed to the Sportcentre

Doping

Doping is strictly prohibited. The Swiss Olympic Committee (SOV) is authorised to perform doping tests without prior notice.

Liability/Insurance

Each competitor is personally and fully responsible for his own insurance coverage for the period of travel to and from competition location as well as for the period of his or her presence and race participation. The race organisers are formally rejecting any liability for accidents, damages and theft. A corresponding form must be signed at the occasion of the race number distribution.

Race Course Maps

See attachments

Programme**Saturday, January 5th 2002**

10:00 a.m. to 4:00 p.m. Registration of athletes at the race office, Sportcentre

3:30 p.m. Race-Briefing, Sportcentre

4.30 p.m. Charity event for children in Columbia (MTB-Uphill with spikes for VIP's and quests near Chuchitobel)

6:00 p.m. Pasta-Party for athletes, VIP's and friends, show and party atmosphere at Hotel Hirschen

Sunday, January 6th 2002

8:00 a.m. to 10:00 a.m. Registration of athletes at the race office, Sportcentre

10:00 a.m. Start Swiss-Cup B-Race and teams

10:30 a.m. Start Sprint/Flash Race and teams

12:30 p.m. Start ITU Winter Triathlon Series Race Women

12:50 p.m. Start ITU Winter Triathlon Series Race Men

Media Awards Ceremony immediately after the race

3:00 p.m. Awards Ceremonies Sprint and Swiss-Cup B-Race

4:00 p.m. Awards Ceremonies Elite and Age Group

Accommodation

Information and bookings:

Wildhaus Tourism
Hauptstrasse
CH-9658 Wildhaus

Contactperson: Dominik Hasler, Manager (Code: Winter Triathlon)

Tel.: +41 (0)71 999 27 27

Fax: +41 (0)71 999 29 29

E-Mail: hasler@toggenburg.org

Website: <http://www.toggenburg.org/>

Useful Contacts

SportMandat, Bruno Selebam

Waltalingerstr. 18 b

CH- 8526 Oberneunforn

Tel. +41 (0)52 740 26 60

Fax: +41 (0)52 740 26 61

Mobile: +41 (0)79 400 81 31

E-mail: info@sportmandat.ch

Website: www.wintertriathlon.ch

Swiss Triathlon Federation (tri)

PO Box 296

CH- 8046 Zurich

Tel. +41 (0)1 371 80 10

Fax: +41 (0)1 371 80 09

E-mail: trisuise_hq@compserve.com

Website: www.trisuise.ch

International Triathlon Union ITU

#4 - 650 Clyde Avenue

West Vancouver, BC,

Canada, V7T 1E2
Tel. +1 604 926 7250
Fax: +1 604 608 3195
E-mail: <mailto:ituhdq@telnus.net>
Website: www.triathlon.org

Travel

Arriving by car

Toggenburg is located in the middle of the [Ostschweiz](#) (eastern part of Switzerland), one hour car distance from Zurich and the [airport](#).

From the south German area: From Bregenz (Austria) and St. Margrethen (Switzerland) highway A 13 until Haag, then direction Toggenburg / Wildhaus or from Konstanz (Germany) through Wil (Switzerland).

From greater area Zurich and the middle part of Switzerland: Direction Rapperswil, then Rickenpass to Wattwil.

From the eastern part of Switzerland:
From St. Gallen to Herisau and then to Lichtensteig.

Route planer Europe

Arriving by public transport

Public transport will support you easily in Toggenburg. The part of Wil-Nesslau and St. Gallen-Lichensteig are developed by public train. And almost everywhere Post bus-connection are available.

Train schedule

Anmeldeformular / Entry Form

Ich melde mich für folgendes Rennen in Wildhaus (Schweiz) an / I am enrolling for the following race at Wildhaus (Switzerland):

- | | |
|---|--|
| <input type="checkbox"/> Swiss-Cup B-Rennen Sonntag, 6. Januar 2002, 10:00 Uhr
Swiss-Cup B-Race Sunday, January 6 th 2002 10:00 a.m. | CHF 50.-- |
| <input type="checkbox"/> Swiss-Cup B-Rennen Team Sonntag, 6. Januar 2002, 10:00 Uhr
Swiss-Cup B-Race Team Sunday, January 6 th 2002 a.m. | CHF 45.-- |
| <input type="checkbox"/> Sprint Rennen Sonntag, 6. Januar 2002, 10.30 Uhr
Sprint Race Sunday, January 6 th 2002 10.30 a.m. | CHF 30.-- |
| <input type="checkbox"/> Sprint Rennen Team Sonntag, 6. Januar 2002, 10.30 Uhr
Sprint Race Team Sunday, January 6 th 2002 10.30 a.m. | CHF 33.-- |
| <input type="checkbox"/> ITU Wintertriathlon Serie Rennen, Sonntag, 6. Januar 2002,
12:30 Uhr, Start Frauen
12:50 Uhr, Start Männer
ITU Wintertriathlon Series Race , Sunday, January 6 th ,
12:30 p.m., start women
12.50 p.m., start men | CHF 60.-- |
| <input type="checkbox"/> weiblich / female | <input type="checkbox"/> männlich / male |

Name / Surname: Vorname / Given Name: _____

Adresse / Address: Postleitzahl / Zip code: _____

Ort / City: Land / Country: _____

Telefon / Phone No.: _____

E-Mail: _____

Geburtsdatum / Date of birth: _____

Kategorie / Category: _____

Beruf / Profession: _____

Mit der Anmeldung erkläre ich mich mit den Bestimmungen und Reglementen einverstanden. /
With this enrolment, I accept all rules and regulations.

Datum / Date:

Unterschrift / Signature:

.....

.....

Anmeldeformular bis 15. Dezember 2002 senden an SportMandat Bruno Selebam, CH-Oberneunforn (Details s. wichtige Kontakte) / Send entry form until December 15th 2002 to SportMandat Bruno Selebam, CH-Oberneunforn (Details see important contacts).