



Salford Triathlon
ITU World Cup

in association with


News Release

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Britain Tri-umphant with Gold, Silver and Bronze IN Salford....

British Triathlon scored a hat-trick today in Salford at the **Countryside Properties Salford Triathlon ITU World Cup** with Michelle Dillon (Gold, women's race), Liz Blatchford (Bronze, women's race) and Stuart Hayes (Silver, men's race) picking up medals in a field described as the toughest this year in the world.

Women's Race

A dominant run from Michelle Dillon saw her take victory from Australia's Mirinda Carfrae and fellow British athlete Liz Blatchford at the end of a dramatic race.

From the start the British and Australian teams marked their domination on the event with Leanda Cave (GBR) leading the women out of the water over the timing mat, followed closely by Pip Taylor (AUS), Julie Dibbens (GBR) and Liz Blatchford (GBR).

Onto the 4-lap, 40km bike the British contingent continued to control the race with five athletes in the lead pack, until the third lap when Dibbens and Jodie Swallow (GBR) went down in a crash. Back into transition at the head of a lead group of ten was Germany's Joelle Franzman, with Michelle Dillon in the chasing group seconds behind.

Out of transition and onto the run Michelle Dillon quickly made up the ground on the leaders and by the second of the three lap run had took lead with Cave, Blatchford and Carfrae close behind, only to seal her victory pulling away mid-way on the final lap.

On her race Dillon commented: "It was great, I had an amazing race and felt so good on the run. The Salford race is fantastic and the crowd really pulled me along. This has shown me what form I'm in to take forward to Athens."

The Men's Race

The men's race once again saw two countries dominate, however this time it was the German and British teams, with Germany's Maik Petzold taking victory with Stuart Hayes (GBR) and Steffan Justus (GER) just behind.

The British team's Richard Stannard and Stuart Hayes exited the water first and led the main pack out onto the bike, with Hayes and a handful of riders making a decisive break on the third lap.

Onto the run Hayes was joined by the two German medallists and from the second lap onwards it was a three athlete race with Petzold making a decisive break on the final lap.

Petzold's victory sealed another fantastic day of racing in Salford, Britain's home of World Class Triathlon.

For more information on the Salford Triathlon ITU World Cup visit www.trisalford.info or www.triathlon.org.

-ENDS-

Men's Results

Pos	First Name	Surname	Swim	Bike	Run	Total
1	Maik	PETZOLD [GER]	00:17:58.85	01:04:39.65	00:33:49.30	01:56:27.80
2	Stuart	HAYES [GBR]	00:17:52.10	01:04:52.15	00:34:01.05	01:56:45.30
3	Steffan	JUSTUS [GER]	00:18:02.20	01:04:40.25	00:34:08.95	01:56:51.40
4	Nick	HORNMAN [AUS]	00:18:04.90	01:04:38.00	00:34:24.15	01:57:07.50
5	Filip	OSPALY [CZE]	00:17:53.65	01:05:58.05	00:33:24.45	01:57:16.15
6	Simon	THOMPSON [AUS]	00:18:06.35	01:05:40.55	00:33:30.95	01:57:17.85
7	Tim	DON [GBR]	00:17:55.05	01:05:53.35	00:33:31.95	01:57:20.35
8	Ivan	RANA [ESP]	00:18:20.20	01:05:28.60	00:33:32.40	01:57:21.20
9	Javier	GOMEZ [ESP]	00:18:09.80	01:05:42.85	00:33:32.35	01:57:25.00
10	Richie	CUNNINGHAM [AUS]	00:18:22.70	01:04:20.80	00:34:55.95	01:57:39.45
11	Kris	GEMMEL [NZL]	00:18:00.70	01:05:43.30	00:33:58.50	01:57:42.50
12	Sven	RIEDERER [SUI]	00:18:16.40	01:05:28.20	00:34:00.45	01:57:45.50
13	Seth	WEALING [USA]	00:17:58.50	01:04:45.50	00:35:06.75	01:57:50.75
14	Richard	ALLEN [GBR]	00:18:03.85	01:05:43.45	00:34:15.60	01:58:02.90
15	Clark	ELLICE [NZL]	00:18:12.40	01:05:35.05	00:34:21.45	01:58:08.90
16	Hendrik	De VILLIERS [RSA]	00:18:04.25	01:05:42.45	00:34:28.70	01:58:15.40
17	Igor	SYSOEV [RUS]	00:17:54.35	01:05:56.85	00:34:31.05	01:58:22.25
18	Cedric	FLEURETON [FRA]	00:18:16.75	01:05:34.60	00:34:41.25	01:58:32.60
19	Brad	KAHLEFELDT [AUS]	00:17:57.25	01:05:50.55	00:34:50.05	01:58:37.85
20	Frederick	VAN LIERDE [BEL]	00:18:08.70	01:04:38.00	00:36:12.35	01:58:59.50
21	Christian	RUDERER [GER]	00:17:51.05	01:04:57.35	00:36:15.75	01:59:04.15
22	Joe	UMPHENOUR [USA]	00:17:59.20	01:05:59.80	00:35:09.50	01:59:08.50
23	David	DELLOW [AUS]	00:18:01.30	01:05:51.20	00:35:23.30	01:59:15.80
24	Peter	ROBERTSON [AUS]	00:18:06.00	01:07:16.80	00:34:04.45	01:59:27.25
25	Raul	CORDOBA [ESP]	00:18:02.75	01:05:50.95	00:36:08.45	02:00:02.15
26	Martin	KRNAVEK [CZE]	00:17:58.00	01:05:51.85	00:36:46.05	02:00:35.90
27	Richard	STANNARD [GBR]	00:17:49.05	01:06:03.70	00:37:05.80	02:00:58.55
28	Shane	REED [NZL]	00:17:56.15	01:05:51.45	00:38:43.35	02:02:30.95
29	Claude	EKSTEEN [RSA]	00:18:26.35	01:05:24.25	00:38:41.30	02:02:31.90
30	Danilo	BRUSTOLON [ITA]	00:18:25.90	01:09:38.40	00:36:31.20	02:04:35.50
31	Fabio	GUIDELLI [ITA]	00:18:36.60	01:09:30.20	00:36:28.80	02:04:35.60
32	Chris	HILL [AUS]	00:18:07.55	01:10:00.00	00:37:51.50	02:05:59.50

Women's Results

Rank	First Name	Surname	Swim	Bike	Run	Total
1	Michelle	DILLON [GBR]	00:20:08.85	01:11:46.85	00:55:57.70	02:09:05.90
2	Mirinda	CARFRAE [AUS]	00:20:56.15	01:10:40.05	00:37:43.25	02:09:19.45
3	Liz	BLATCHFORD [GBR]	00:19:21.30	01:12:00.45	00:38:00.55	02:09:22.30
4	Ainhoa	MURUA [ESP]	00:19:22.30	01:11:57.60	00:38:07.15	02:09:27.50
5	Maxine	SEEAR [AUS]	00:19:23.20	01:11:56.45	00:38:13.40	02:09:33.50
6	Joelle	FRANZMANN [GER]	00:19:21.45	01:11:53.15	00:38:30.30	02:09:44.90
7	Leanda	CAVE [GBR]	00:19:16.70	01:12:01.30	00:38:44.95	02:10:02.95
8	Lucie	ZELENKOVA [CZE]	00:19:21.00	01:12:00.20	00:39:52.65	02:11:13.85
9	Jessica	HARRISON [GBR]	00:19:23.45	01:11:52.95	00:40:07.05	02:11:23.45
10	Olga	GENERALOVA [RUS]	00:19:26.50	01:12:07.25	00:39:58.20	02:11:31.95
11	Pip	TAYLOR [AUS]	00:19:18.10	01:12:07.65	00:40:11.25	02:11:37.00
12	Ricarda	LISK [GER]	00:19:24.60	01:11:53.85	00:40:27.45	02:11:45.90
13	Nicola	SPIRIG [SUI]	00:20:47.65	01:10:49.00	00:40:37.10	02:12:13.75
14	Brigitte	McMAHON [SUI]	00:20:07.10	01:11:38.75	00:40:38.60	02:12:24.45
15	Debbie	TANNER [NZL]	00:19:22.05	01:11:52.65	00:41:46.45	02:13:01.15
16	Megumi	SHIGAKI [JPN]	00:21:18.10	01:14:10.30	00:39:32.50	02:15:00.90
17	Merja	KIVIRANTA [FIN]	00:21:16.10	01:14:05.80	00:39:44.15	02:15:06.50
18	Kate	ROBERTS [RSA]	00:19:24.40	01:16:05.90	00:39:58.95	02:15:29.25
19	Rika	TAKANASHI [JPN]	00:20:36.65	01:14:50.25	00:42:31.05	02:17:57.95
20	Yukako	INOUE [JPN]	00:20:58.30	01:14:24.95	00:42:45.90	02:18:09.15
	Helen	LAWRENCE [GBR]	00:19:31.80	DNF	DNF	DNF
	Jodie	SWALLOW [GBR]	00:19:22.80	DNF	DNF	DNF
	Julie	DIBENS [GBR]	00:19:19.00	DNF	DNF	DNF
	Nina	ANISIMOVA [RUS]	00:19:23.70	DNF	DNF	DNF
	Jane	KARGOTICH [AUS]	00:20:15.00	DNF	DNF	DNF
	Natasha	FILLIOL [CAN]	00:20:41.05	DNF	DNF	DNF
	Kathleen	SMET [BEL]	00:20:16.70	DNF	DNF	DNF
	Carole	PEON [FRA]	00:19:24.75	DNF	DNF	DNF
	Tracy	LOOZE [NED]	00:21:20.05	DNF	DNF	DNF